

## ONE STOCK FOR LIFE!

# If you could only pick ONE STOCK what would it be?

ZenectWealth.com

By David Goldstein

### Is there just one stock?

#### A crazy question with an amazing answer!!!

I had a drink in hand, and I was chatting with my best friend about stocks.

We're both active traders and investors.

A big portion of my trading account is invested in a well diversified portfolio of great stocks - most of them paying dividends.

I also trade options, and sometimes day trade - if I have a great idea!

Back to the Whiskey.

We were on the back patio with the BBQ going... about to toss on some steaks and we started talking about our recent trades.

I don't know who asked the question first, but it hung in the air with all the smoke from the BBQ...

If you could buy JUST ONE STOCK - what would it be?

Remember, this is a buy and hold question. No trading, no options, no fancy financial maneuvers.

You had to pick one stock to buy and hold forever... of course with the goal of supplying your family enough cash to support you in retirement.

What would that stock be?

Think about it...

Would you buy a long term dividend payer like General Mills, Inc. (GIS) or Exxon Mobil Corporation (XOM) who have paid dividends for over 100 years?

Maybe you'd put your money into Berkshire Hathaway Inc. (BRK-B). Warren Buffett has done well with those investments... But what happens when he dies?

Maybe one of the tech Titans... Amazon.com, Inc. (AMZN) or Alphabet Inc. (GOOG) also known as Google?

What does the future hold for tech? Are these the companies to survive for decades?



Ad by netpicks.com

Can you really pick just ONE stock? This is a crazy question right?

Well, not so fast.

I figured out the answer - at least for me. And I actually bought these shares, so everything I'm about to say is biased.

#### ONE Stock To Own For LIFE...

I thought to myself... the stock that I picked... I'd want to throw off regular dividends - so I can keep buying more with the dividends. Plus you know it's hard for scammers to fake cash distributions.

I'd also want the company to be well diversified.

One big tech company might get replaced by "New Tech".

An oil and gas company might see wells run dry. Consumer products companies face the threat of an ever evolving finnickey consumer. Drug companies face patent expiration and spending tons on R&D.

Then it hit me... what about investing in an ETF?

ETFs are a basket of stocks, giving me instant diversification. An ETF provides stability without a ton of single industry exposure.

As a benefit a lot of ETFs own dividend paying stocks - - and pay dividends on their own!

I dug in and started doing research.

Some of the high value ETFs I found charged massive fees... I saw some fees as high as 1% and sometimes MORE!

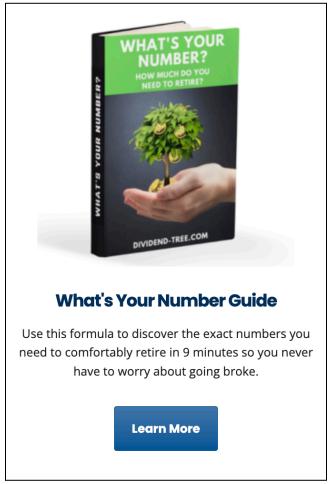
So, I had to find something with a very low management fee... no sense in giving away my profits to some faceless money manager.

That's when I found it...

Vanguard High Dividend Yield Index Fund ETF Shares (VYM)

This one ETF holds \$64 billion in assets invested in 450 different stocks... all paying dividends.

The ETF pays a dividend itself of 3%



Ad by netpicks.com

And just look at the stock performance over the long term...

(I took this screen shot at yahoo Finance)

2016

2017

2018

2019

2020

Over the last decade, this ETF has more than doubled in value.

2015

Then I took a look at all the dividends...

Sorry I was too lazy to re-type the results - so I did screenshots. Again - thank you Yahoo Finance!



25.00

Jun 17, 2019	0.63 Dividend
Mar 25, 2019	0.65 Dividend
Dec 24, 2018	0.74 Dividend
Sep 26, 2018	<b>0.67</b> Dividend
Jun 22, 2018	0.63 Dividend
Mar 26, 2018	<b>0.61</b> Dividend
Dec 21, 2017	<b>0.64</b> Dividend
Sep 20, 2017	<b>0.60</b> Dividend
Jun 23, 2017	<b>0.60</b> Dividend
Mar 22, 2017	0.56 Dividend
Dec 22, 2016	<b>0.67</b> Dividend
Sep 13, 2016	0.48 Dividend
Jun 21, 2016	0.58 Dividend
Mar 15, 2016	0.48 Dividend
Dec 21, 2015	<b>0.60</b> Dividend
Sep 23, 2015	0.53 Dividend
Jun 26, 2015	0.56 Dividend
Mar 23, 2015	0.46 Dividend
Dec 18, 2014	0.56 Dividend
Sep 22, 2014	<b>0.47</b> Dividend
Jun 23, 2014	0.48 Dividend
Mar 24, 2014	<b>0.40</b> Dividend
Dec 20, 2013	<b>0.53</b> Dividend
Sep 23, 2013	<b>0.44</b> Dividend
Jun 24, 2013	<b>0.42</b> Dividend
Mar 22, 2013	0.36 Dividend

The best word I have to describe the dividend payout is - JUICY!

I love it. A stock that keeps going up and up... and over time pays out massive dividends... and provides amazing diversification.



Ad by netpicks.com

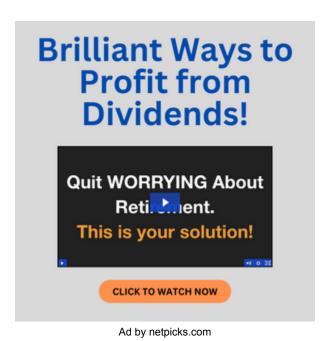
There you have it... the ONE stock I think you could buy and hold for LIFE.

What do you think... is this a stock you might invest in?

Remember, do your research... and before long your money will be working hard for you!

Good Trading,

**David Goldstein** 



#### **Disclaimer**

Copyright 2023 © by Zenect, LLC. All Rights Reserved. Protected by copyright laws of the United States and international treaties. Any reproduction, copying, or redistribution of this report or its contents, in whole or in part, is strictly prohibited without the express written permission.

## FOR EDUCATIONAL AND INFORMATION PURPOSES ONLY; NOT INVESTMENT ADVICE.

This report and all of our products, emails, blog posts, social media posts and content are offered for educational and informational purposes only and should NOT be construed as a securities-related offer or solicitation or be relied upon as personalized investment advice.

Our company, employees, and contractors, are NOT financial advisors, registered investment advisors, or a Broker/Dealer. We do not offer or provide personalized investment advice. Although our employees and contractors may answer general customer service questions, they are not licensed under securities laws to address your particular investment situation. Nothing in this report, nor any communication by our employees or contractors to you should be deemed as personalized investment advice.

There is a risk of loss in all trading, and you may lose some or all of your original investment. Results presented are not typical.

Past performance is no guarantee of future results. All information is issued solely for informational purposes and is not to be construed as an offer to sell or the solicitation of an offer to buy, nor is it to be construed as a recommendation to buy, hold or sell any security. All opinions, analyses and information contained herein are based on sources believed to be reliable and written in good faith, but no representation or warranty of any kind, expressed or implied, is made including but not limited to any representation or warranty concerning accuracy, completeness, correctness, timeliness or appropriateness. Investments recommended in this publication should only be made after consulting with your financial advisor.

Examples in these materials are not to be interpreted as a promise or guarantee of earnings or profits. Earning and profit potential is entirely dependent on the person using our product, ideas and techniques. This is NOT a "get rich scheme."

Your level of success in attaining the results claimed in our materials depends on the time you devote to the program, ideas and techniques mentioned, your finances, knowledge, and various skills. Since these factors differ according to individuals, we cannot guarantee your success or income level. Nor are we responsible for any of your actions.

Hypothetical performance results have many inherent limitations, some of which are described below. No representation is being made that any account will or is likely to achieve profits or losses similar to those shown; in fact, there are frequently sharp differences between hypothetical performance results and the actual results subsequently achieved by any particular trading program.

One of the limitations of hypothetical performance results is that they are generally prepared with the benefit of hindsight. In addition, hypothetical trading does not involve financial risk, and no hypothetical trading record can completely account for the impact of financial risk of actual trading.

For example, the ability to withstand losses or to adhere to a particular trading program in spite of trading losses are material points which can also adversely affect actual trading results. There are numerous other factors related to the markets in general or to the implementation of any specific trading program which cannot be fully accounted for in the preparation of hypothetical performance results and all which can adversely affect trading results.

Owners, management, employees, contractors and members of their family, affiliates, and agents may hold stock in profiled companies, some or all of which may have been acquired prior to the dissemination of this report. They may buy or sell stock in profiled companies at any time with or without notice. We may benefit from any increase in the share prices of profiled companies.

There is an inherent conflict of interest in our statements and opinions and such statements and opinions cannot be considered independent.

Through the use of this email, article, report, or website you agree to hold our company, our owners, management, employees, contractors, affiliates, and agents harmless and to completely release them from any and all liability due to any and all losses, damage, or injury monetary or otherwise that you may incur.

Information contained in our emails and on our website contains "forward-looking statements." Subscribers are cautioned not to place any undue reliance upon these forward-looking statements. Any statements that express or involve discussions with respect to predictions, expectations, beliefs, plans, projections, objectives, goals, assumptions or future events or performance are not statements of historical facts and may be "forward-looking statements". Forward-looking statements are subject to a number of risks, known and unknown, that could cause results or operations to differ materially from those anticipated. We have no obligation to update forward-looking statements. Some of the statements and financial projections contained in the material are forward-looking statements and not statements of fact.

Forward-looking statements are generally accompanied by words such as "intends", "projects", "strategies", "believes", "anticipates", "plans", and other terms which convey the uncertainty of future events or outcomes. No assurances are given that such expectations will prove to have been correct. Readers are cautioned not to place undue reliance on forward-looking statements

Specific financial information, filings and disclosures as well as general investor information about publicly traded companies, advice to investors and other investor resources are available at the Securities and Exchange Commission website (http://www.sec.gov) and (http://www.nasd.com)

Futures and forex trading contains substantial risk and is not for every investor. An investor could potentially lose all or more than the initial investment. Risk capital is money that can be lost without jeopardizing ones' financial security or lifestyle. Only risk capital should be used for trading and only those with sufficient risk capital should consider trading. Past performance is not necessarily indicative of future results.

If you trade options, we recommend you read and fully understand all the information contained in the Characteristics and Risks of Standardized Options. It's also known as the Options Disclosure Document and it explains the characteristics and risks of exchange traded options. (https://www.theocc.com/Company-Information/Documents-and-Archives/Options-Disclosure-Document)

It is imperative that all readers visit our website for our <u>Terms of Use</u> and our <u>privacy policy</u>, and for compensation and other important disclosures.